

KLEINSCH FELDER



Swiss Mountain Clinic

Doctor's Kitchen Talk is a cooking show on www.qs24.tv, which is presented by Dr. med. Friderike Wiechel, Giorgia Tessaro and Vincenzo Verzino from the Swiss Mountain Clinic.



"Let food be thy medicine, and let thy medicine be food"

Hippocrates of Kos

"The way to health leads not through the pharmacy but through the kitchen." Together with the Swiss Mountain Clinic's young chefs, Dr Friderike Wiechel describes the healing effect of food in every recipe and specifically addresses a wide variety of diseases. Doctors Kitchen Talk appears weekly on QS24.tv and addresses those who see their illness as an opportunity to include nutrition in their recovery process. Nevertheless, the recipes are for everyone and are particularly suitable if you want to understand why healthy eating should be one of the most important pillars in life. You will learn in a charming way why you should never give up the key to your own pharmacy because, as Hippocrates once said, "Let food be thy medicine, and let thy medicine be food."



INTRODUCTION

A family affair: We at the Swiss Mountain Clinic have been creating an exciting family history together with our patients from over 76 countries since 13 July 2011. The magic of this place of renewal still fascinates us in the same way as it did on the first day we came to know it. Our patients also feel the special power of exercising at this magical place of renewal with two ancient energy spots in the garden area, which the Celts used in their day. In our high-tech world, most of us have lost the ability to find these places. But our organism still has the talent to perceive the power of a place. Joy, respect and openness are the key to this. Places of renewal are a great gift from nature that you can open and accept. Find your own personal place of strength – it is not the same for everyone – and recharge your batteries in the Swiss Mountain Clinic's park.

We have been the first treatment centre in Switzerland since March 2021 to offer KLEINSCHKE FELDER therapy, thus setting another milestone in the clinic's recent history. Scientific studies at the University of Magdeburg by Prof. Dr. Brigitte

König have proven that our proven therapeutic concept with KLEINSCHKE FELDER is expanding significantly. KLEINSCHKE FELDER are special constant polymorphic north and south pole fields that influence our blood through our skin. They support blood circulation and thus the oxygen and nutrient supply to cell tissues. They are used both for sleeping problems and for various types of pain and circulatory disorders. In addition, they stimulate our brain in a proven positive way for more activity and performance.

Ulf-Torsten Wiechel, March 2021

"ELECTROMAGNETIC ENERGY IS THE ELEMENTARY FORM OF ENERGY
ON WHICH EVERY ORGANISM'S LIFE DEPENDS."

Prof. Werner Heisenberg, Nobel Laureate in Physics



KLEINSCH FELDER

are invariable polymorphic (diverse) north and south pole fields that have an influence on our blood through our skin and can be used for many complaints, as well as in sports and to maintain health.

GENTLE DAILY THERAPY AT HOME

Kleinsche Felder for the supportive treatment of pain and sleeping disorders

According to scientists and doctors, a new technology that has been developed in Germany is "a future-oriented solution" that can be used against numerous diseases and many complaints. Common complaints such as sleeping problems, tension and pain, such as joint and back pain, but also diseases such as migraines, diabetes, circulatory disorders, cardiovascular diseases, fibromyalgia and diseases of the nervous system (Alzheimer's, dementia, polyneuropathy, Parkinson's) can be treated with it.

But how can one technology help with so many different problems and disorders?

Scientists and doctors have known for a long time that many complaints and diseases have one thing in common: weakened cell performance or the malfunctioning of affected cells. We know that sick or weakened cells produce more cell energy (adenosine triphosphate – or ATP for short) due to improved blood flow and thus an increased supply of oxygen and nutrients. However, since many therapies can or may only be used for minutes, the cells can only be adequately supplied for a short time. A long-term supply of many hours a day would be better. However, many consumers do not want to use power-driven devices on a daily basis or are afraid of harmful influences from such devices – especially when used at home.

Researchers have solved this problem by developing a mat with currentless, weak, constant polymorphic north and south pole fields ("KLEINSCH FELDER") that you can lie on for several hours a day while asleep,

researchers have thus solved this problem. The good news is that in the past decades of research and testing, no harmful side effects of weak permanent magnetic fields were discovered. On the contrary: the earth's magnetic field, which is constantly active, is even essential for our body and does not interfere with pacemakers or other implants. The KLEINSCH FELDER, named after the developer Bernhard Klein from Bremen, use our body's natural mechanism to function – the movement of our blood, lymph and nerve signals. When these move over the specially developed configurations of the north and south pole areas, measurable energy is immediately created in the blood¹, which in turn supports blood circulation.

Good blood circulation supplies the cells throughout the body with oxygen and nutrients via the smallest capillary vessels. With the help of good blood circulation, regeneration and healing processes can be supported. This kind of therapy, which takes place during sleep, is welcomed by doctors. Especially since users cannot forget to sleep on a KLEINSCH FELDER sleeping mat in their bed. Continuously good blood circulation is important because our regeneration and healing processes mainly take place during sleep.



Bernhard Klein has been working on developing physical applications in medicine since 1983.



Dr. med. Dr. Ing. Jordan M. Petrow

Let's ask a practising doctor who has also dealt with this topic as a researcher and scientist: Dr. med. Dr. Ing. Jordan Petrow. "Dr Petrow, you are a specialist in physiology. You have specialist knowledge not only in medicine, but also in informatics, chemistry, physics and thermodynamics. You specialise in microcirculation, which you have been researching for decades. At the University of Rostock, you carried out and documented measurements with KLEINSCHKE FELDER."

"In your opinion, what significance do KLEINSCHKE FELDER have for medicine?"

Dr. med. Dr. Ing. Petrov: "There are only a few effective applications in medicine which I would call basic therapies. KLEINSCHKE FELDER are among them, and they have the advantage of allowing development of a selective effect in the organism, and they can be used on a daily basis. With this advantage of selective effect, KLEINSCHKE FELDER are something very rare. The therapy shows no side effects and is also very useful in preventive medicine in order to stay healthy.

In addition, investigations by Prof. Dr. Brigitte König at the University of Magdeburg showed in a pilot study¹ that KLEINSCHKE FELDER are highly effective in generating energy in the mitochondria. Not only did patients' sleep improve as a result, but also blood sugar and blood pressure values improved, and nerve damage completely disappeared during the observation period."

"Dr Petrow, are KLEINSCHKE FELDER also useful for healthy people and can they be applied every day?"

Dr. med. Dr. Ing. Petrov: "The study² by Prof. Dr. König shows that even healthy cells become stronger and more resistant to environmental toxins through the improved supply. The organism becomes more resilient and can deal better with the consequences of stress. Patients report that they feel fitter, more relaxed and are more productive in the morning."

Source: www.gesundheit-topnews.de

You can find further information on the internet under "KLEINSCHKE FELDER"

¹ Dr. med. Dr. Ing. Jordan M. Petrov: The electrical effect of the alternating permanent polar magnetic fields of the KLEINSCHKE FELDER type on capillary sections through which 0.9% physiological saline solution, double-distilled water or blood flows (www.akademie-wissenschaft-forschung.com) * Academy for Science and Research, Rostock, Germany ** University of Rostock, Technical Faculty, Germany, 2014

² The influence of clinical and chemical parameters and mitochondrial functions of peripheral blood leukocytes (PBMC) by permanent polymorphic magnetic fields of the Kleinschke Felder type; study results not yet published; Prof. Dr. Brigitte König - MMD Magdeburg, Germany, 2014

Which complaints or illnesses can KLEINSCHKE FELDER be used for?

On the basis of the in-vitro and in-vivo pilot studies and researches, Prof. Dr. König explains the possible applications as follows: "The current publications allow the conclusion that an improvement in the mitochondrial functions of the PBMC (peripheral blood leukocytes) and a positive influence on the mitochondrial biogenesis of the PBMC is accompanied by a clinical improvement in numerous diseases, including metabolic syndrome and neurogenerative diseases such as Alzheimer's and Parkinson's. The clinically and scientifically oriented publications also show that PBMC with stable mitochondrial functions and undisturbed mitochondrial biogenesis at least delay or even prevent the development of the diseases mentioned..."

If one summarises the data situation on the central role of mitochondrial functions and mitochondrial biogenesis in PBMC for various diseases, one can assume that the use of the KLEINSCHKE FELDER magnetic strips has a positive effect or has a preventive effect on the following, among others:

- Type II diabetes
- Metabolic syndrome (high blood pressure, obesity, changes in blood lipid levels, insulin resistance)
- Cardiovascular dysfunction (Blood circulation problems)
- Neurodegenerative diseases (Alzheimer's, Parkinson's, polyneuropathy, etc.)
- Sleeping disorders
- Pain (indispositions)

Based on the results of the in-vivo pilot study², Kleinschke Felder showed positive effects as a monotherapy:

- Hypertension
- Blood sugar levels
- Wound healing
- Pain
- Sleeping disorders
- Polyneuropathy
- Tachycardia (racing heart)
- Venous conglomeration (varicose veins)

From user experience reports, KLEINSCHKE FELDER showed positive influences on:

- Back pain
- Osteoarthritis and joint pain
- Migraines
- Depression
- Parkinson's
- Autism
- Fibromyalgia
- Asthma
- Tinnitus
- Digestion
- Complaints that wheelchair users have
- Mobility
- Endurance in sports
- Less fatigue, more energy
- Efficiency in everyday life

The comparison

Stress, electromagnetic pollution, illnesses, age, etc., result in cells losing energy and in accumulation of red blood cells (clumping or rouleaux formation).

Without

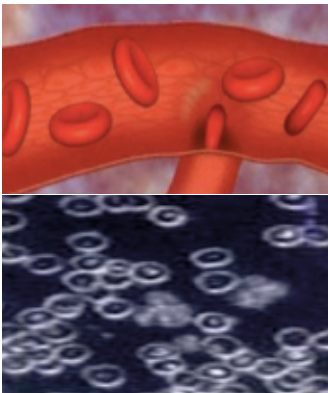


- less oxygen
- less cell energy
- thicker blood
- deposits
- tiredness
- less energy

Agglomeration of red blood cells before use (made visible with a dark-field microscope)

With a KLEINSCHKE FELDER mat:

Dissolution of red blood cell agglomeration



- more oxygen
- more cell energy
- thinner blood
- fewer deposits
- less tiredness
- more energy
- more performance

Dissolution of red blood cell agglomeration by KLEINSCHKE FELDER (made visible with a dark-field microscope)



Kleinsche Felder

BIORELAX® KLEINSCHKE FELDER® sleeping mat



- ✓ No power socket required
- ✓ No battery required
- ✓ No electromagnetic pollution

Easy to use at home: just place it on your mattress and cover it with a sheet or blanket.



Did you know...?

How is blood flow related to sleeping disorders, pain or tension?

Many people do not necessarily think of blood circulation as a possible cause of sleep disorders, tension or pain. It is important to know that all of our cells in the body (organ cells, muscle cells, nerve cells, etc.) only function properly if they get enough oxygen and nutrients by "blood as the transporter". In addition to all the stress our bodies have to deal with socially and environmentally every day, there is also the fact that everyone's heartbeat slows down during sleep for the rest and regeneration phase and breathing becomes shallower resulting in less oxygen entering the body, and our blood is thicker at night than during the day.

If, depending on stress level and state of health, the red blood cells clump together to a lesser or greater degree as well (which, from our experience, is now affecting large parts of the population), this can lead to quite a few problems. As a result, many of those affected will have sleeping problems because the autonomic nervous system, which is responsible for deep sleep, and the brain, receive little oxygen at night and thus have difficulty regulating the sleeping phases in an optimal way.

KLEINSCH FELDER do not just support blood circulation – according to the latest studies, the measurable additional energy in the body also positively stimulates some brain areas in their activity to relax more easily and deeply.

Researchers suspect this could be another reason why so many people report better sleep on the KLEINSCH FELDER and feel more rested and fitter during the day as a result.

In the case of tension, muscles harden and this reduces microcirculation (blood flow), and accumulating waste products of the cells (lumps) are not properly expelled. With back pain or spine problems, for example, tight muscles then literally press on the nerves and the spinal canal, which leads to pain. Supporting blood circulation can ensure that transportation from the muscles works better again and the muscles relax on their own, thus taking away pressure from the nerves or the spinal canal.

For countless other complaints and illnesses, such as, for example, joint pain, it is amazing how the body can suddenly resume regeneration and healing processes even after a long time, as cells finally acquire a better basis for oxygen and nutrient supply. KLEINSCH FELDER promote these processes by supporting blood circulation, because even nutrients from nutrition or food supplements can reach cells through the narrowest and smallest of vessels (capillaries) more easily thanks to thinner blood that allows things to flow better. In addition, efficiently-flowing blood supports the removal and expulsion of pollutants and toxins (detoxification), which is an important aspect for many people. KLEINSCH FELDER thus act as a basic application that can be supplemented with any treatment or medication.

How long does it take to feel something or to improve complaints?

It is not possible to provide standardised information across the board, as many different factors influence the healing process: from 1 to 21 days to 9 months, depending on the illness, supply of nutrient, pollution, general exposure or user's age.

With increasing age, many of the cells' regeneration and healing processes can take significantly longer.

Exposure to chemicals, toxins or heavy metals can make regeneration and healing much more difficult and should, in case of doubt, be examined, tested professionally, and removed.

In a "foot test", in which you only put one foot on KLEINSCH FELDER, most people notice a change in their foot after a few minutes, such as more warmth or a slight tingling sensation, because the sole of the foot is more sensitive than other parts of the body. Usually, less sensitive people hardly feel anything or only feel something after a much longer period of use, although the same things happen with their blood as with everyone else.

KLEINSCH FELDER definitely work physiologically¹ in all humans and animals regardless of age or state of health, guaranteed and without exception, due to the law of induction in physics.

¹ Dr. med. Dr. Ing. Jordan M. Petrow: The electrical effect of the alternating permanent polar magnetic fields of the KLEINSCH FELDER type on capillary sections through which 0.9% physiological saline solution, double-distilled water or blood flows (www.akademiewissenschaft-forschung.com)

Unedited original images



Fig. 1: Mr K.,
right lower leg



Fig. 2: Mr K.,
right lower leg
after 4 weeks



Fig. 5: Mr Ralf M.,
right lower leg
Lymphoedema before use



Fig. 6: Mr Ralf M.,
right lower leg
after 4 months



Fig. 7: Mr Erich L.,
left lower leg



Fig. 8: Mr Erich L.,
left lower leg
after 4 weeks

STUDY RESULTS

Extract from a pilot study¹ with KLEINSCH FELDER

Abbr.	Gender	Date of Birth	Illnesses / Diagnoses / personel perception
E.K.	W	23/06/1932	Colon cancer 5 years ago, post-chemo polyneuropathy in fingers, feet and legs since chemo 5 years ago, sleep disorders, melancholic-depressive disorder, renal artery stenosis with increased creatinine; BMI: 26 Result: polyneuropathy completely disappeared
H.T.	M	21/06/1942	Obesity, diabetes, high blood pressure, postoperative wound healing disorders (Removal of 2 ribs after endogenous rib fractures), heavy persistent pain; BMI: 30 Result: blood sugar levels have normalised, high blood pressure "under control" (from 180/120 to 140/80), wound healing "under control" (wound now closed, no pain)
B.K.	W	01/11/1959	Spider veins, occasionally difficulty sleeping through the night (after 2 hours of sleep, lying awake for hours), sleep disorders with tachycardia at full moon; BMI: 19 Result: sleep disorder and tachycardia at full moon remedied. Generally deep and restful sleep.
R.B.	M	24/01/1958	Chronic "strain " in the cervical vertebral/shoulder area, highly allergic, vitiligo, thyroid autoimmune disease; BMI: 26 Result: Subjectively, the patient has not noticed any changes, but shows significant improvements, plus new formation of mitochondria and a reduction in mitochondrial DNA mutations.
P.T.	W	16/06/1974	Overweight, hardened vein conglomerates (dark blue), "heavy" legs, spider veins, "poor" sleep; BMI: 27 Result: vein conglomerates are soft, no more heavy legs.



Before starting the study

Fig. 1: Ms PT

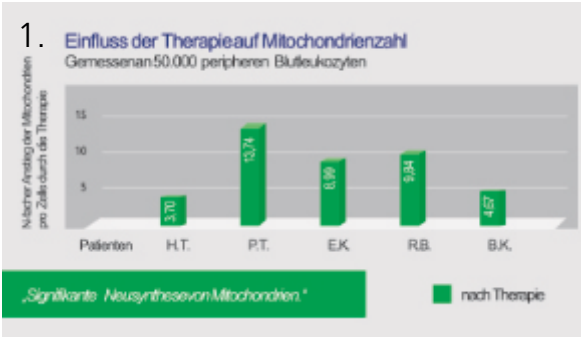


After 12 weeks of using the BIORELAX® KLEINSCH FELDER® sleeping mat

Fig. 2: Ms PT after 12 weeks

STUDY RESULTS

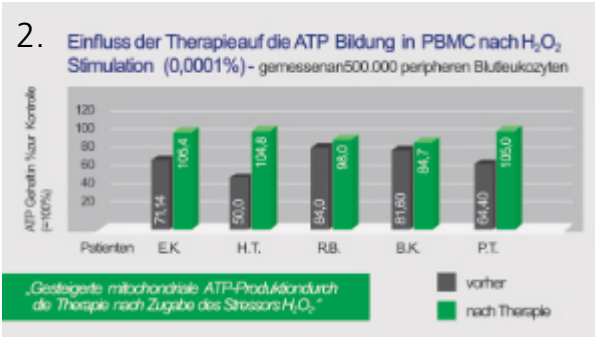
KLEINSCH FELDER's influence on clinical blood parameters
(Extract from a pilot study¹ with KLEINSCH FELDER)



Here we see the results of a 12-week study where users only slept on KLEINSCH FELDERN every night. Nothing else in the test subjects' life was changed during the study period. Blood was taken and examined before use and again 12 weeks later in order to see the differences.

1. One of the decisive factors for the efficiency of the various cells in our body (organs, muscles, nerves, brain, etc.) is the number of "power houses" they have for producing cell energy, so that the cell can live and work and carry out healing processes in the event of illness. These power houses are called mitochondria and their number was measured in the blood.

By sleeping on the KLEINSCH FELDER, the average number of mitochondria for all subjects increased by an enormous eight-fold. An explanation for those not in the medical profession: 8 times as many cell power houses as before were newly created. Twice the amount would be very positive, but eight times the amount is absolutely astonishing.



2. The mitochondria produce cell energy called ATP (adenosine triphosphate) for short. The better the ATP produced, the more efficient the cell. The formation of ATP is, therefore, an important value and was also examined.

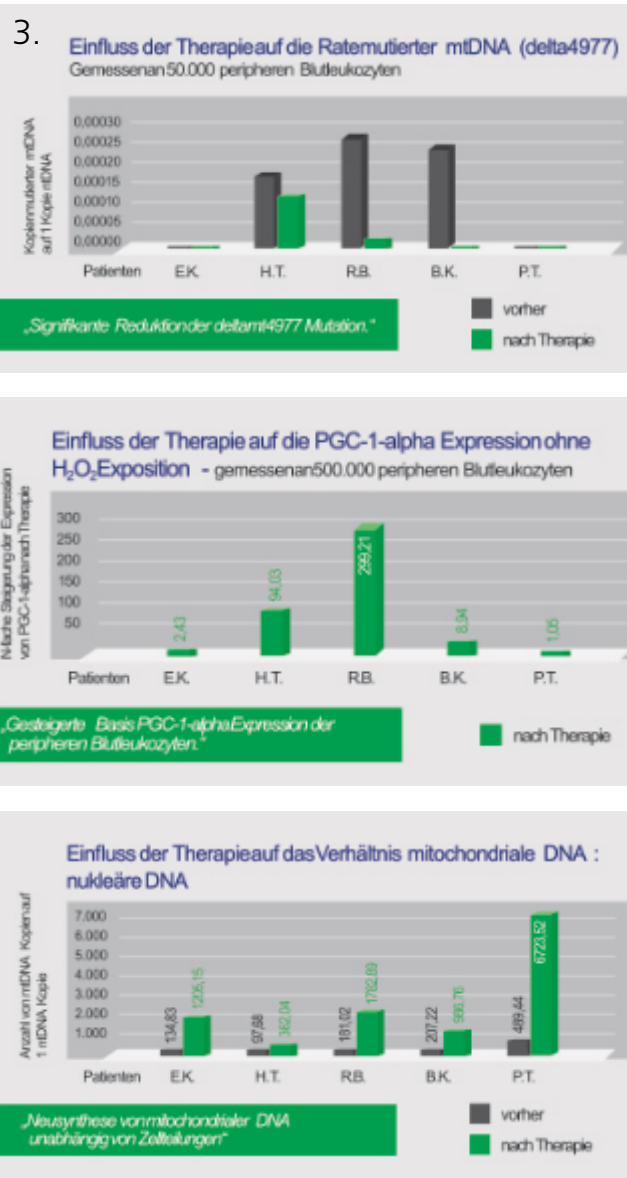
Due to the enormously increased number of mitochondria, vital ATP was also formed significantly more. On average, there was an increase for all test persons from 70.23% previously to an astonishing 99.58% only by sleeping on the KLEINSCH FELDER. We are convinced that these significant increases are the main reason for the improved illness conditions of the test subjects, which you can see on the left (no more polyneuropathy, improved blood sugar level, decreased blood pressure, improved wound healing, resolved sleeping disorders, ceasing tachycardia at full moon, no more heavy legs, etc.).

¹ The influence of clinical and chemical parameters and mitochondrial functions of peripheral blood leukocytes (PBMC) by permanent polymorphic magnetic fields of the KLEINSCH FELDER type; study results not yet published Prof. Dr. Brigitte König - MMD Magdeburg, Germany, 2014

3. As can be seen in Figure 3, DNA mutations were also examined. DNA mutations can lead to cell death or tumours. That makes it important for the topic of cancer. Three of the five subjects shown had some of these mutations and after 12 weeks these had reduced significantly with all of them, in subject BK even down to 0. This outstanding result will be repeated on a larger scale in a future study, as this may be of central importance for global cancer prevention.

Due to the overall higher cell performance, the cells become more resistant to stress. Since there was examination of blood leukocytes (white blood cells), which are responsible for our immune system, we are convinced that the immune system and its defence mechanisms are additionally strengthened with the help of KLEINSCHKE FELDER, resulting in the body being generally more resistant to environmental pollution such as electromagnetic, chemical or toxic pollution.

Conclusion: KLEINSCHKE FELDER improve cell performance enormously and not only support healthy people in their ability to resist environmental pollution, but can also support regeneration and healing processes for various complaints and diseases.



Why is the KLEINSCHKE FELDER sleeping mat not comparable with other known therapy systems?

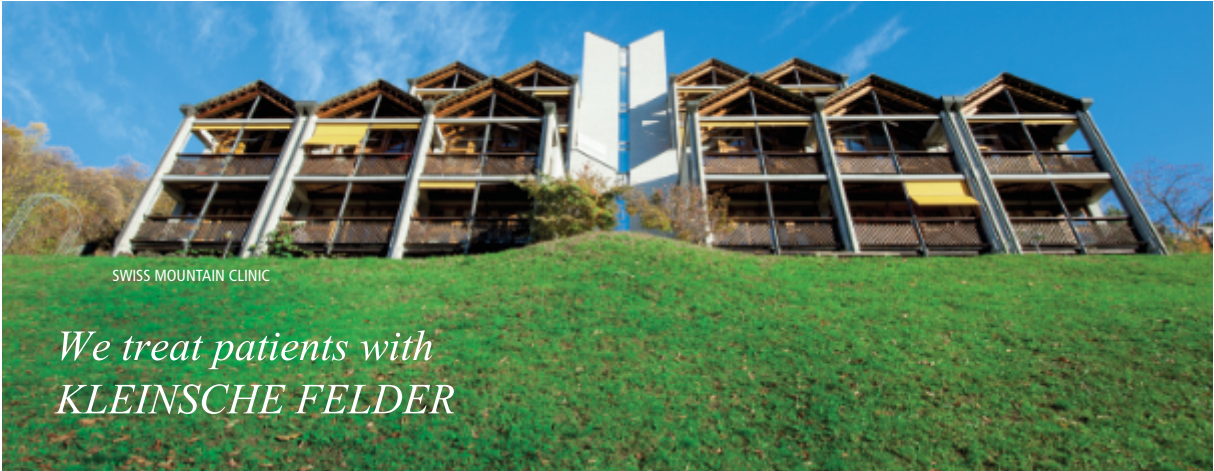
The KLEINSCHKE FELDER mats have a special constant polymorphic field made up of a large number of north and south pole areas, which, in its complexity and therapeutic range, is unique worldwide:

- Changing pole area sizes
- Changing pole shapes
- Changing pole arrangements/ pole orientations
- Changing field strengths
- Alternating poles
- Irregular and different pole distances

The large and complex bandwidth in the amplitude and frequency distribution of these polymorphic fields is the outstanding feature that distinguishes them innovatively from all previous continuous magnetic applications.

KLEINSCHKE FELDER are also medical products, controlled and handmade in Germany by a certified medical product manufacturer, and they stand out from the entire wellness market in being subject to various studies and in having proven medical effectiveness.

In contrast to well-known power-driven therapeutic devices, they work naturally with no electricity or batteries and do not generate any electromagnetic pollution. In addition, unlike such devices, KLEINSCHKE FELDER can be used on an ongoing basis, without a time limit and anywhere – and they are easy to use. There is no risk of "using them too much". Since there is also no habituation effect even with intensive daily use, KLEINSCHKE FELDER can and should be used regularly, preferably daily, supporting your health in the best possible way.



Excerpts from patients' success stories

This is only a small excerpt of the success stories on KLEINSCHKE FELDER mats

BACKACHE AND HEADACHE, MIGRAINE



OLIVER O.: "I've been using your sleeping mat for a few years now. At first, I was sceptical of how a magnetic field should help me mitigate my back pain and migraine attacks. It took a few weeks and when I took stock after half a year, I realised the migraine attacks had subsided, my back pain had got much better, and it actually only comes back when I sleep in a different bed. I didn't think this would work and can recommend this product without reservation! Thank you!"

ERIKA E.: "I feel fresher, as if energised, and I don't have back pain anymore."

NORBERT T.: "I had an accident in the 80s... After the bruise and swelling went away, there was brownish discolouration on the lower leg above the ankle. This condition did not change, even after 34 years. After using the sleeping mat, the discolouration disappeared after a short time (approx. 2-4 weeks). The back pain that I have had for many years has improved a lot."

DEPRESSIONS, AUTISM, PARKINSON

HR. WALIGORA: "My wife has Parkinson's disease, and despite several hospital treatments and medication, no improvement has been achieved... We have seen improvements for the better. When sleeping, getting out of bed, turning in bed and going to the toilet. Walking itself has improved, no headaches, no more dizziness."



IGOR L.: "Only through the "KLEINSCHKE FELDER" did I manage to get rid of my depression and pain. Today, I can at last sleep through the night again and am fully back in my professional life", ... full of gratitude.

SLEEPING DISORDERS, ASTHMA, IMMUNE SYSTEM



DORIS S., 30 years of insomnia: "I suffered from sleeping disorders for decades. I usually managed to sleep 2 hours maximum... Today I can sleep 6-7 hours. This has made me fitter and my quality of life has improved a lot. I am very grateful for this and can highly recommend your mat."



MARIA A. (26): Trainee teacher and prospective teacher, is enthusiastic and full of praise for the "KLEINSCHKE FELDER" in the BIORELAX® sleeping mat: "Thanks to the sleeping mat, I feel great. I can finally sleep through the night again, which was previously not the case, and today I have much more energy and am more resilient," the young woman reports.

FIBROMYALGIA

LILIANE S.: got morphine. The results: nausea, stomach problems, kidney pain, insomnia... "The mat with the Kleinschke Felder has given me a new life. I can move around much better today, and the stiffness in my joints has disappeared. The pain is gone. I can finally sleep through the night again."



PAIN, BLOOD PRESSURE, GENERAL WELL-BEING

ANDREAS A.: "I have an artificial shoulder joint and, because of this, I have a lot of muscular problems with my shoulder. In the past, I was not able to lie on my shoulder and if so, then only with pain. By using the mat in bed, I no longer have any problems with that – it's wonderful!"

FRANZ H.: "After merely a few days, I no longer needed painkillers for my pain in the lumbar spine. Checking my blood pressure every day, I noticed that there was a downwards trend. Thank you very much for that."

Who should use the KLEINSCHKE FELDER?



For healthy people, the KLEINSCHKE FELDER can support the body to perform in everyday life and make it more resistant to various types of environmental pollution with powerful immune cells. The KLEINSCHKE FELDER help you be and stay fit and full of energy (prevention).



For athletes and especially competitive athletes, KLEINSCHKE FELDER are an important factor and offer a competitive advantage in terms of performance in competition, training and everyday regeneration.



For people with complaints or illnesses, KLEINSCHKE FELDER can support the affected cells in regenerating and also with the healing processes. This is why the KLEINSCHKE FELDER are recommended for all those affected and are the basis of any treatment for illnesses. KLEINSCHKE FELDER can be perfectly combined with other forms of further therapy.

Questions and answers about BIORELAX® KLEINSCHKE FELDER® Sleeping mat

How do I use the mat?

Easy to use: Simply place the KLEINSCHKE FELDER mat on your mattress (or any other surface) and pull a sheet over it. Those who want particular ease of care can put a blanket made of any material over the sleeping mat and then the sheet over it. If necessary, you can place it directly on it.

Other properties:

- Can be placed and used on any surface
- Can be used in any adjustable bed
- Can be used with or without clothing
- Also suitable for water beds
- Does not require electricity or batteries and does not need to be charged
- Does not generate electromagnetic pollution
- Other systems or mats can be placed and used under the KLEINSCHKE FELDER sleeping mat
- The fields do their job through all textiles, including incontinence covers
- Can be used in any sleeping position
- Can be rolled up for travelling and can be easily folded if need be (the mat should not be crinkled)
- Can be used at any age, from toddlers to elderly people
- Animals can also lie on it for any length of time
- Can also be used on wider mattresses
- Can be used with all types of metal implants in the body

The sleeping mat is designed for long-term and continuous use. We recommend using it at night for sleeping the night through, but it can also be used during the day. You can use it as much as you like – overdosing is not possible. It can be used daily without breaks, and you don't have to worry about dependency or addiction.

Are there people who may be allergic to or should not use the KLEINSCHKE FELDER sleeping mat?

No, the KLEINSCHKE FELDER sleeping mat can basically be used by all people and animals, without exception. In decades of research, there has not yet been a case of these fields not being tolerated for a long time. For some users, regulating processes that become active in the body can cause various reactions in the first few days.

In the event of any unpleasant initial reactions due to the body beginning to regulate, the lying area of the sleeping mat can be reduced as desired, so that initially for example, you only have your feet on it, thereby increasing the area you lie on every few days until you can permanently sleep with your whole body on the sleeping mat after a short while without any initial reactions.

Are there situations where KLEINSCH FELDER should not be used?

Hardly any. There are only special cases when KLEINSCH FELDER should not be used – only when good blood circulation has a negative effect. For example, immediately after an accident where there is a risk of internal bleeding. Or during the first 12 months after organ transplants or as long as one's natural immune system has to be artificially suppressed. With epilepsy and other convulsive disorders, the nervous system should not be overloaded with too much metal.

Can people with pacemakers and other medical devices use the KLEINSCH FELDER sleeping mat?

Yes, those with pacemakers and patients with defibrillators as well as people using insulin pumps can safely use the mat in the supine or lateral position. To avoid possible malfunctions, a small distance of 1.4 cm between the device and the mat should be kept for safety reasons.

Can I use technical devices on the sleeping mat?

Yes, you can use all technical devices around or on the sleeping mat – the integrated KLEINSCH FELDER are neither influenced nor disturbed by this. KLEINSCH FELDER cannot damage other magnets or magnetic devices.

Do I have to feel something when lying on the KLEINSCH FELDER?

No, KLEINSCH FELDER also have an effect on people who do not notice anything.

What material is the outer fabric made of?

According to the standards for medical products, the fabric has to have certain properties. Therefore, a special synthetic fibre is used for the upper material (made of polyester), which meets all high-quality requirements and is hypoallergenic, highly biocompatible, soft on the skin and functional at the same time. Therefore, it can also be hand-washed up to 40° and hung up to dry. This material can also be disinfected with a surface disinfectant.

Can you sleep with a pillow on it?

Yes, of course. As long as you lie on it from shoulder to foot, there will be no change to the overall effectiveness.

SPECIFICATIONS OF THE BIORELAX®
KLEINSCH FELDER® SLEEPING MAT:

Dimensions (length | width | height): 190 x 90 x 0.5 cm
Weight: 4.7 kg

Made in Germany: handmade in Germany through certified production.

If you have any questions, please do not hesitate to contact us – we are happy to help.

KLEINSCH FELDER



HEALTHCARE
PROVISION



FOR
ILLNESSES



FOR LATER YEARS



FOR
REHABILITATION



NO HARMFUL
SIDE EFFECTS



SPORTS



There have always been places that people have been particularly attracted to. These are areas with higher natural energy that offer people, animals and plants a high well-being potential. All living things thrive particularly well and vigorously in such places. The Swiss Mountain Clinic is such a magical place of power and has two old places of energy in the garden area, which were used as early as the Celts. In our high-tech world, most of us have lost the ability to find these places. But our organism still has the talent to perceive the power of a place. Joy, respect and openness are the keys to this. Places of renewal are a great gift from nature that you can open and accept. Find your own personal place of strength – it is not the same for everyone – and recharge your batteries in the Swiss Mountain Clinic's park.

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TV EVENING ON SUNDAY

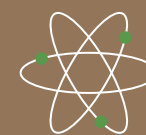


REVIEW

on the subject of biological medicine



With Dr. med. Petra Wiechel, specialist in general medicine/ naturopathic medicine and expert in biological medicine (University of Milan)



Remote diagnostic and
therapeutic approaches
on the subject of biological
medicine



TV evening always
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The **Swiss Mountain Clinic** in Castaneda in Val Calanca (GR) is an in-patient centre for biological medicine that is unique in Switzerland and worldwide. There, the focus is on people, not their illness. Every symptom is a sign of an internal disorder, our body calling for help. Individual treatment methods can only be identified by recognising the causes and understanding the individual possibilities for regulation and balancing on a physical and psychological level.



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